

# Resinall K™

Historical Basis: Qi Li San Herbal Supplement

## ***Therapeutic Actions***

1. Treats pain and swelling due to traumatic injuries—sprains, strains, contusions, fractures, broken bones, torn sinews, bleeding, bruising, lacerations
2. Treats skin disorders topically:
  - fungal infections (ringworm, athlete's foot)
  - bacterial infections (impetigo, carbuncles, furuncles, periodontal disease)
  - eczema and dermal ulcers
3. Treats chronic pain use with tonic formula

## ***Chinese Therapeutic Effects***

Prevents infections

Stops bleeding

Promotes tissue regeneration

Activates blood

## **Administration**

**Internal:** 1/2 to 1 dropper under the tongue; hold under tongue until dissolved

Take between meals for pain, use as needed.

**External:** Apply to affected area 1 to TID. Use cotton swab or cotton ball as applicator.

Combine internal and external applications for trauma.

One fluid ounce, 10 day supply

**Contraindications:** Contraindicated in pregnancy; use with tonic formula if taking for more than two weeks; will stain clothing.

## **Ingredients**

Dragon's Blood resin  
*xue jie*

Corydalis rhizome  
*yan hu suo*

Myrrh resin  
*mo yao*

Borneol resin  
*bing pian*

Tienchi root  
*san qi*

Carthamus flower  
*hong hua*

Frankincense resin  
*ru xiang*

Alcohol  
Glycerine

Catechu herb  
*er cha*

## Formula Rationale

Resinall K is a blood-vitalizing formula for the treatment of traumatic injuries. Many of the ingredients depend on resinous compounds for their analgesic and healing effects. Dragon's blood (*xue jie*) treats hemorrhage and pain. Catechu (*er cha*) is cool and astringent. It assists Dragon's blood in stopping bleeding and generating new tissue. Frankincense (*ru xiang*) and myrrh (*mo yao*) are especially useful for damaged tissues. Carthamus (*hong hua*) invigorates blood. Tinctures containing carthamus are clinically used in China to treat musculoskeletal trauma. Corydalis (*yan hu suo*) relieves stagnant Qi and is indicated for pain due to blood stasis and traumatic injury. This is important as trauma can cause the Qi to become stagnant. It is considered a strong herbal analgesic. Borneol (*bing pian*) opens up the channels. The alcohol serves a traditional function in an injury formula to bring the effects of the herbs strongly to the exterior. The liquid form of Resinall K provides rapid administration and easy absorption. Because the resins have strong antiseptic action against bacteria and fungi, topical application of the formula is useful in a broad spectrum of skin disorders. The original formula *Qi Li San* contains cinnabar (*zhu sha*), a toxic mercury compound, and musk (*she xiang*), which is a prohibited substance in the US: therefore Health Concerns has made necessary modifications.

## Clinical Notes

1. Periodontal disease regenerates tissue, treats infection, reduces swelling and pain, provides numbing effect. Useful during routine dental work, teeth cleaning, etc.
2. Useful after surgery especially for musculoskeletal problems and cancer
3. May be useful for teething babies use only a few drops per application because of the alcohol content
4. May be useful for tendonitis and other problems with blood stagnation, such as tennis and little-league elbow
5. Acupuncturists can use Resinall K after bleeding techniques to minimize possible bruising
6. Clinical report of effectiveness clearing inflammation following whiplash with **SPZM**
7. Favorable clinical reports of topical use for eczema. It may be applied directly or mixed with vegetable oil

## Additional Formulas

- For furuncles and carbuncles, use topically and internally and combine with **Isatis Gold**
- Combine with **SPZM** formula for upper body injuries
- Combine with **AC-Q** for lower body injuries
- For periodontal disease, use topically as mouthwash and combine with **Isatis Gold** or **Coptis Purge Fire**