

Isatis Gold™

Goldenseal, Echinacea, Isatis Extract Herbal Supplement

Therapeutic Actions

Treats bacterial and viral infections that cause inflammation and fever, especially upper respiratory, colds, flu, and bronchitis

Chinese Therapeutic Effects

Clears wind and heat

Administration

Internal: 3 tablets, every 2 to 4 hours

90 tablets, 750mg

Contraindications: Should notice results within 24 hours. If patient does not show improvement within 48 hours, consider an alternate formula. If taken over 10 days, effectiveness diminishes. The herbs are cold and can cause intestinal cramping.

Ingredients

Isatis extract leaf &
root
da qing ye &
ban lan gen

Echinacea root
and leaf
Echinacea purpurea
Platycodon root
jie geng

Goldenseal root
Hydrastis
canadensis

Ligusticum root
chuan xiong

Formula Rationale

Isatis Gold is a combination of Western and Chinese herbs designed as an herbal antibiotic and antiviral. Echinacea and goldenseal are used in combination to reduce swelling and treat inflammatory conditions of the upper respiratory tract. Isatis extract (*da qing ye* and *ban lan gen*) are widely studied and used in China as a broad spectrum antibiotic and antiviral agent. Platycodon (*jie geng*) is an anti-inflammatory herb that resolves phlegm, relieves cough, moistens the throat, and helps reduce pus. Platycodon (*jie geng*) and ligusticum (*chuan xiong*) direct the formula to the upper body. Ligusticum dispels wind and treats sinus congestion, sore throat, and headache.

Clinical Notes

1. For colds/flu without fever, combine with ginger tea
2. If patient has weak digestive system or is constitutionally sensitive reduce dosage and combine with **Quiet Digestion**
3. To prevent gum inflammation with bacterial causes
4. Consider for colds, flu, bronchitis, upper respiratory tract infections, encephalitis, mononucleosis, mumps, asthma, hepatitis A and B, herpes zoster, herpes simplex. Generally, this formula should not be used by itself for over 10 days for these problems
5. Increased effectiveness has been reported with an initial dose of 6 tablets
6. Do not use frequently or for prolonged periods

Additional Formulas

General dosage is 2 of each formula QID. Can be increased short term (1 to 2 weeks) to 6 tablets per day

- For protracted cold/flu (beyond 5 days) use **Ease 2** and **Power Mushrooms**
- Use **Astra C** for prevention of colds and flu
- Use **Astra Isatis** for treatment of chronic, low-grade infections
- Use **Coptis Purge Fire** for acute herpes outbreak or mouth infection
- Combine with **Resinall K** to treat gum inflammation due to bacterial cause
- Combine with **Quiet Digestion** for gastrointestinal flu
- Combine with **Clear Air** for bronchial infection
- Combine with **Tremella and American Ginseng** for dry cough
- Use **Nasal Tabs 2** and **Coptis Purge Fire** for ear and nose infections
- Use **Clear Heat** with fever and viral infections