

New! Chzyme™

Enzyme Herbal Supplement

Therapeutic Actions

1. Taken with meals it will help with food assimilation
2. Treats intestinal gas, indigestion, bloating cramping, regurgitation, nausea, and diarrhea
3. Treats gastroenteritis- bacterial or viral, motion sickness, hangover and the effects of jet lag
4. May be used to promote the absorption of food, herb, and vitamin products

Chinese Therapeutic Effects

Disperses wind and dampness

Resolves spleen dampness and regulates the stomach

Resolves phlegm and food stagnation

Administration

Internal: 2 tablets TID, with or between meals

90 tablets, 605mg, 15 day supply

Ingredients

Enzymes (100mg)	Herbs (505mg)		
Amylase	Poria sclerotium	Pogostemon herb	Cardamon fruit
CereCalase	<i>fu ling</i>	<i>huo xiang</i>	<i>sha ren</i>
Protease	Magnolia bark	Ginger rhizome	Licorice root
Catalase	<i>hou po</i>	<i>gan jiang</i>	<i>gan cao</i>
alpha-	Red Atractylodes	Blue Citrus fruit	Cyperus rhizome
Galactosidase	rhizome	<i>qing pi</i>	<i>xiang fu</i>
Lipase	<i>cang zhu</i>	Citrus peel	Citrus fruit
Glucoamylase	Vladimiria Souliei	<i>chen pi</i>	<i>zhi ke</i>
Cellulase	root	Lindera root	Peppermint oil
Malt Diatase	<i>mu xiang</i>	<i>wu yao</i>	<i>bo he</i>
		Radish seed	
		<i>lai fu zi</i>	

Formula Rationale

Chzyme contains digestive enzymes used to promote food assimilation and to reduce indigestion and other digestive symptoms, with a well-known herbal formula. It was recently reformulated and is now gluten free. Peppermint oil (*bo he*) has been added for its anti gas and anti spasmodic effects. Poria (*fu ling*), cardamom (*sha ren*), and red atractylodes (*cang zhu*) supplement the spleen and eliminate dampness. Magnolia (*hou pu*), vladimiria souliei (*mu xiang*), pogostemon (*huo xiang*), citrus (*chen pi*), regulate stomach Qi, relieve nausea and vomiting, and dry dampness. Radish seed (*lai fu zi*) and blue citrus (*qing pi*) reduce food stagnation and eliminate distension. Citrus fruit (aurantium) (*chen pi*) and lindera (*wu yao*) reduce distension and treat abdominal pain. Cyperus (*xiang fu*) is a harmonizing herb that releases emotional constraint in the liver and gallbladder channel and redirects rebellious qi. Ginger (*gan jiang*) relieves nausea and treats abdominal pain. Licorice (*gan cao*) treats ulcers and harmonizes the characteristics of the other herbs.

Additional Formulas

- Use **Quiet Digestion** if you do not want the added Western digestive enzymes
- Combine Chzyme with **Six Gentlemen** for digestive disorders with fatigue